Differential Diagnosis and Management of Dizziness in the Older Adult from a Physical Therapy Perspective

- 1. Discuss the normal sensory and musculoskeletal changes that accompany old age.
- 2. Be able to identify serious urgent medical causes of dizziness in the older adult.
- 3. Identify non-urgent non vestibular causes of dizziness in the older adult.
- 4. Identify positional causes of dizziness with discussion on modification of treatment with impairments associated with the older adult.
- 5. Identify vestibular causes of dizziness that are common to the older adult.
- 6. Differentiate cervical causes of dizziness and imbalance common to older adults
- 7. Outline generalized treatment directions (or medical management) for each condition.

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Dr Cory Hall is an Assistant Professor of Physical Therapy at Franklin Pierce University in Manchester, NH teaching curriculum related to Neuroanatomy, Motor Control, Kinesiology and Biomechanics. Dr Hall still treats patients as a physical therapist with a board certification in neurologic physical therapy in his home in Portland, ME focusing on balance and walking disorders secondary to neurologic impairments in the outpatient setting. He received his Doctorate in Physical Therapy from Virginia Commonwealth University as well as completing neurologic clinical specialist training while working in inpatient rehab with individuals with acquired brain injury and debility. Dr Hall is equally excited to talk to other about their areas of passion as he is to share his passion for managing balance and walking disorders.

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