

Joining the Collective - Physical therapy's role in the State Health Improvement Plan to ensure everyone in NH Lives Well

Presenters

Deirdre "Dee" Daley PT, DPT, MSHPE, Director of Clinical Practice, WorkWell

Alia Hayes, MPH, Plan Manager NH State Health Assessment – State Health Improvement Plan

Instructional Level

Multiple

This presentation falls into the following category:

Pediatrics

Geriatrics

Public Policy: Advocacy, Payors

Diversity, Equity and Inclusion

Communication, Professionalism, Self Care

Other

Course Description

The American Physical Therapy Association vision* and mission** both demonstrate a recognition of the multifactorial, collaborative and social nature of health and healthy communities. As the profession of physical therapy helps individuals realize their goals within the context of where they live, work, play and pray, there has been a shift to look at the impact of social determinants of health and population health.

This program will provide an overview of the NH State Health Improvement Plan (SHIP) and the collective impact approach to achieving its goals. Presenters will describe how the SHIP was developed, underlying key data, and how the SHIP will leverage the work of partners across health and civic groups to ensure all people in New Hampshire have the opportunity to live well. This program includes a brainstorming session to explore how physical therapists, physical therapist assistants and their facilities can work together to leverage resources and amplify the impact of health initiatives across communities.

*APTA vision - transforming society by optimizing movement to improve the human experience

**APTA mission - building a community that advances the profession of physical therapy to improve the health of society

Learning Objectives

1. Describe the NH State Health Improvement Plan and its cross-sector implementation framework.
2. Discuss key data from the equity-centered NH State Health Assessment.
3. Outline how key areas of the NH State Health Improvement Program are interconnected with practice, advocacy and community outreach.
4. Outline key strength areas that PT/PTAs bring to communities, systems and population health.

5. Identify opportunities for the physical therapy community to align planning, practice, and resources with the SHIP's desired impacts.

Key References: Minimum of 5 current references

1. NH Lives Well 2022 New Hampshire Health Assessment and Improvement Plan New Hampshire State Health Assessment | (nhliveswell.org) NH Department of Health and Human Services, the NH State Health Assessment and Improvement Plan Advisory Council
2. State Health Improvement Plan (place holder)
3. Edwards I, Delany CM, Townsend AF, Swisher LL. New perspectives on the theory of justice: implications for physical therapy ethics and clinical practice. *Phys Ther.* 2011;91:1642–1652.
4. Edwards I, Delany CM, Townsend AF, Swisher LL. Moral agency as enacted justice: a clinical and ethical decision-making framework for responding to health inequities and social injustice. *Phys Ther.* 2011;91:1653–1663.
5. Giuffre S, Keehan J, Ruffing S, Domholdt E, Van De Carr T. Characteristics of Population-Based Practice in Physical Therapy. *Physical Therapy*, 2023;103:1–8
6. Magnusson DM, Eisenhart M, Gorman I, Kennedy VK, Davenport TE. Adopting population health frameworks in physical therapist practice, research, and education: the urgency of now. *Phys Ther.* 2019;99:1039–1047
7. McCarty D, Shanahan M. Perspective Theory-Informed Clinical Practice: How Physical Therapists Can Use Fundamental Interventions to Address Social Determinants of Health. *Physical Therapy*, 2021;101:1–8.
8. Snyder-Mackler N, Snyder-Mackler L. Perspective Holistic Rehabilitation: Biological Embedding of Social Adversity and Its Health Implications. *Physical Therapy*, 2022;102:1–7.

Speaker 1 brief bio:

Deirdre Daley is the Director of Clinical Practice at WorkWell, where she is responsible for development of clinical programs and sourcing evidence based solutions in the areas of occupational health, injury prevention and disability management. Dee has been active in the American Physical Therapy Association, serving on the APTA Board of Directors, as well as President of the NH and NC Chapters. Dee has coauthored publications including a clinical practice guideline on the role of physical therapists in enhancing work participation and interprofessional practice

and has presented on topics such as job analysis, workplace wellness, work rehabilitation, and occupational health.

Speaker 2 brief bio

Alia Hayes is the State Health Assessment and State Health Improvement Plan Manager at the New Hampshire Department of Health and Human Services, Division of Public Health Services. Alia has worked at the Division since May 2017 and has done a variety of work in grant management. In addition to her role managing the coordination and implementation of the State Health Assessment and Improvement Planning processes, Alia also oversees the Preventive Health and Health Services Block Grant and the COVID-19 Health Disparities Grant, both of which fund foundational public health and equity work across 17 and 33 activities, respectively. Alia began serving on the boards of the New Hampshire Public Health Association and the New England Public Health Training Center in 2023. Alia has her Masters in Public Health with a focus in Nutrition from Tufts University School of Medicine.