



Vision: *NHAPTA will transform society by optimizing movement to improve the human experience for those who live, work or play in NH*

Guiding Principles: *Consumer-centered, Identity/Quality, Collaboration, Advocacy*

**President's Report  
Reporting Period: January – April 2018**

*President's Message:*

Greetings! I hope this message finds you well. As I continue to “learn the ropes” and evolve in this new role I am trying out some approaches that will hopefully afford more time for generative discussion. As a first step I am sending this out to you *for review prior to the next BOD Meeting on Tuesday, May 15<sup>th</sup>* to update you on Chapter happenings over the past four months. In the future I hope to add more reports from other board members to further decrease time spent on reporting at the meeting but also attempt to ensure that you have all of the information you need in order for us to support the shared objectives of a strong NHAPTA Board. As always, thank you for being a member of NHAPTA.

*Updates – January through April 2018:*

Membership Data

This year began with a BOD retreat that provided an opportunity to reflect on last year’s accomplishments and to set the agenda for 2018 goals. The theme for the year is Membership Building & Engagement. Below are our Chapter membership numbers as of April 2018 along with year-over-year data:

<b>NHAPTA</b>	<b>PT</b>	<b>PTA</b>	<b>STUDENT</b>	<b>TOTALS</b>
April 2017	356	38	131	522
December 2017	330	31	150	511
April 2018	327	26	153	506
% Change YOY	-8%	-32%	+14%	-3%

As you can see the membership numbers are still trending negatively overall demonstrating that we have our work to do in order to reverse the trend. *This will be a topic for discussion at the BOD meeting.*

Geolocation Project

In recognition of the level of NHAPTA’s participation in the #ChoosePT campaign, NH was one of five states chosen to pilot a geolocation project by APTA. What this means is that whenever people visit the MoveForwardPT.com website or do a google search that guides them to the site AND they have location services activated on their computer or mobile device, the site will automatically pick up the current zip code of the user and display a homepage specific to Physical Therapy in NH: <http://www.MoveForwardPT.com/NH>. It has no associated costs and will provide an opportunity for anyone in NH searching for PT information to get more information specific to PT in NH. It has the ability to add videos about the experience of PT patients in NH and information “blocks” specific to PT in NH. I encourage you to give it a look. My goal is to have a patient-centered video produced in the future to add to the site.

CSM/HOD/NEC/FAL – 2018

Ami Faria (Chief Delegate), Dee Daley (Alternate Delegate), Lisa Stejskal (PTA Caucus Rep) and I along with Jim Leahy and Tamara Paolangeli attended Combined Sections Meeting (CSM) in New Orleans this past February to attend various component leadership and delegate meetings in preparation for this year’s House of Delegates (HOD) to be held June 24-27 in Orlando. There were over 17,000 in attendance at this year’s

CSM, which is a record. Ami, Dee and I also attended the Spring Northeast Caucus Meeting (NEC) in Wilmington, Delaware on April 28 to discuss the specifics and merits of a voluminous number of RC's that will be before the HOD this year. We also met as a NH delegation to decide which RC's to co-sponsor and support. The list of NH co-sponsored RC's will be posted on Basecamp. Finally, Ami attended the Federal Affairs Forum in Washington, DC April 29-May 1 where she learned about the latest legislative issues facing us at a national level as well as met with staffers from the offices of our NH Congressional delegation to connect and offer insight into the issues important to NHAPTA members. Please feel free to reach out to Ami if you have any specific questions in regard to HOD or Federal Affairs legislative issues.

Caucuses are occurring May 16 – June 13. If you haven't signed up for one yet and know of a need somewhere please sign up or reach out to another board member who may be able to help. There is a survey monkey on Basecamp to sign up.

#### Federal/State Legislative, Advocacy, and Payment Updates

As you probably already know, the rehab "hard cap" for Medicare beneficiaries was finally repealed in February. This is a major victory for APTA and will allow the association to redirect its advocacy energies elsewhere. There is a fairly comprehensive newsletter reviewing this and many other legislative, advocacy and payment updates located on the NHAPTA website. From a State legislative perspective we are actively following about 20 bills with about 4-6 of particular interest. They include bills related to equal access and opportunity of students with disabilities to participate in athletics, telemedicine reimbursement, cost comparison transparency for certain health procedures, temporary licensure, employment contract restrictions, and worker's compensation rights to request an IME. Again these specific bills are elaborated on in the content of the Q1 newsletter listed on our NHAPTA website, however as is typical, the status of these bills may be changed by the time you read this report.

#### Student Member Engagement

Dee and I visited both Franklin Pierce University (January 10) and Plymouth State University (April 30) to hold Town Hall style meetings with the students to get their impressions on how they could be active participants in "transforming society" as well as to offer information about the opportunities for Chapter and national APTA involvement while still students. Both events were well attended and it is motivating to see the level of thoughtful and thought-provoking responses received from the students.

The Student Advocacy Dinner was held on April 18 at Franklin Pierce University in Manchester. Ami Faria hosted the dinner along with keynote speaker Maggie Donahue, PT. Maggie is an experienced advocate regarding legislation that affects physical therapy practice in our state. Ami engaged the students by elaborating on how important their advocacy voice is, particularly at the federal level and the ways in which they can become better informed and involved. Maggie offered a message that stressed the importance of involvement at the state level. She highlighted her talk with real life examples of how our unified efforts can make a difference to impact legislation that is critical to maintaining appropriate access to services for our patients. The evening was well represented by students attending from both of NH's DPT programs.

Students from both programs shared ideas after the dinner, discussed possibilities for future collaborative efforts, and considered having two student liaisons, one from each school, to increase overall involvement with the Chapter.

#### Professional Development

Weekend Courses:

The LSVT course held at FPU on April 14-15 was sold out with 90 participants.

The upcoming Spring courses are on June 2 with registration activity that should allow for a profit:

*School-Based Physical Therapy: Planning and Intervening for Long-term Function Using Motor Learning Principles*  
(Carlo Vialu, PT, MBA) 6.0 Contact Hours

*Length with Strength: Manual Therapy and Eccentric Exercise for Patients with Shoulder Pain*

(Maryclaire Sullivan Capetta, DPT, OCS, FAAOMPT and Laurie L. Devaney, PT, MScPT, FAAOMPT) 6.0 Contact Hrs

Planning is underway for the Fall courses on October 20 with one course that is set and offered by David Nolan, PT on the treatment of Foot & Ankle dysfunction. The other course is still in the development phase with the theme of a Dementia Symposium.

*The Keele Program: The Biopsychosocial Management of Complex Low Back Pain: A Stratified Care Approach* is being offered at Concord Hospital in September. This is supposed to be an extraordinary course that is 4 days total offered at a low cost of \$675. Course details and registration are on the NHAPTA website.

### NHAPTA Objectives Update

*The following grid provides both an update and foundation for discussion points at the May BOD Meeting*

	GOAL	CHAMPION	ANTICIPATED GOAL DATE	PROGRESS TOWARDS GOAL
CA	NHAPTA Night at Fisher Cats Game	Ami	July	Scheduled for July 21 <sup>st</sup> @ 7:05 PM (v. Harrisburg Senators) Contract signed
CA	Partnering with NH Falls Task Force	Susan/Stephanie	September	Contact NH Falls Taskforce re: partnering opportunities Need update/discussion
CA	PT Day of Service/PT Month	Patty/Sheila/Derek	October	Decide on organized strategy and focus of event (Statewide PT involvement options – e.g. “bingo card,” community service events) Need update/discussion
CA	PT Night Out	Lisa/Mark	May	PT Night Out scheduled for May 31 <sup>st</sup> Manchester @ Murphy’s Taproom Advertising flyer to go out to members via website/facebook
LA	FAL Clinic Visit	Ami/Mark	Summer	Decide on date/format for NH Legislator to visit Rehab Services Dept to spotlight PT awareness and opportunity to advance advocacy issues and initiate contact with legislative staff
LA	Student Advocacy Dinner	Ami/Eydie/Troy	April	Completed.
LA	PAC Fundraiser –Steve Coppola (Hypnotist)	Mark/Jim	September	Steve Coppola has agreed to offer the talent for fundraiser. Looking at September and Manchester area for venue.
LA	Legislative Letters	Ami/Dee/Mark	Quarterly	“What You Need to Know” Federal & State legislative, advocacy and payment newsletter sent out for Q1 via email blast and on website
PD	Micki Harris Professional Development Series	Dee/Mark	June/September	Series Topic: Advancements in Pain Science Webinar Format or Webinar/Live Format (2 hours each) Needs update/discussion
PD	Journal Club	Eydie/Mark/Tamara	Quarterly?	Decide upon format/platform for offering Journal Club...Zoom, Moodle, etc. as well as possible partnering with Geriatric SIG Needs update/discussion

PD	Weekend Continuing Education Courses	Kelley/Cont. Ed. Comm.	April/June/October	April: LSVT --Completed. June: 2 courses --Planning completed October: 2 courses— 1 course planning completed
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1. Consumer/Therapist Awareness/Education **(CA)**
2. Legislative/Advocacy **(LA)**
3. Professional Development **(PD)**

Additional Items

Joe Girard, PT, DPT, CMPT has resigned from the NHAPTA BOD effective immediately due to an increase in his work responsibilities and demands. The Board will search for a replacement to appoint to the vacant Director position.

Marc Lacroix, PT, MBA formally retired...both from his position at Concord Hospital and from the Chair position of the State Legislative Committee. We are extremely thankful for his many years of service and valuable expertise to the Chapter and wish him well in his retirement. We hope that that he will continue to be involved with the Chapter to some degree, particularly when it comes to those complex issues that can arise in the state legislative arena.

Josh Cleland, PT, PhD, Professor at FPU was selected as a Catherine Worthingham Fellow of the APTA and a recipient of the Dorothy Baethke-Eleanor J. Carlin Award for Excellence in Academic Training. Josh will be formally recognized during a ceremony at NEXT on June 28.

NHAPTA has had a consolidation of its bank accounts with the other chapters that Liberty Square Group manages (each state's account and funds are separate from the others but are now under a master account). This offers savings to our Chapter in terms of monthly bank fees. The downside has been that the transition for Patti Larkin-Upton to having full capabilities and access to accounts as the Chapter Treasurer has been delayed. This should be resolved in Q2.

Sheila Blase attended the New England Bike-Walk Summit in Massachusetts in April. The summit aims to inspire the movement for advancing bicycling and walking innovations in communities across the region.

As you may know, the NH PT-PAC currently accepts donations through checks that are mailed to the PAC Treasurer's house with supporting information from the donor, which is not optimal. We plan to switch to an online donation method that will have a nominal monthly cost. This will not only offer a streamlined way to donate but allow for creative ways to fundraise. More information to come in Q2.

Finally, as many of you know our very own Dee Daley is running for a Director position at the national level of APTA! We all know how talented, prepared and amazing she is...we are very excited for her candidacy and are fully supportive of this tremendous undertaking. We wish her the best of luck and know that her innately insightful and thought-provoking perspectives on the many issues that face our profession would only enrich the pursuit of APTA's mission.

Respectfully submitted: 05/12/18

Mark Mailloux, PT, MBA, OCS  
President, NHAPTA