



**Offered for Physical and Occupational Therapy Professionals and Students**

### Virtual Live Course

**Location:** From anywhere!

Hosted by:



Computer/tablet     Internet     All set!

**April 12 – May 6, 2021:** Complete 3 hours of pre-recorded online content

**May 7, 2021:** First virtual live session 12:00 PM - 5:00 PM Eastern Time (US)

**May 8, 2021:** Second virtual live session from 12:00 PM - 5:00 PM Eastern Time (US)

**May 8 – May 23, 2021:** Complete 1 hour of pre-recorded online content & final exam

The Virtual Live LSVT BIG Training and Certification Course is a mix of online pre-recorded learning and virtual live interactive learning designed to train physical and occupational therapy professionals and students in an evidence-based, intensive, treatment program for individuals with Parkinson's disease.

[View this video to see how a Virtual Live course works](#)

## What Will I Learn?

The LSVT BIG Virtual Online Training and Certification Course is a mix of online, pre-recorded learning and virtual live interactive learning designed to train physical and occupational therapy professionals and students in an evidence-based, intensive, treatment program for individuals with Parkinson's disease. The fundamental treatment principles and rationale, key treatment elements, efficacy data supporting treatment outcomes, details of treatment tasks, and practical delivery will be covered. Teaching techniques include both live and pre-recorded lecture, live and video demonstrations, live instructor led exercise practice, live Q & A, and case study presentations. Discussion will be included on application to other neural disorders and personalization of the treatment to meet the unique functional goals of each patient.

## What Comes with LSVT BIG Training and Certification?

- LSVT BIG Training and Certification Course with printed and downloadable materials
- Official LSVT BIG Certification upon completion of course and passing exam
- LSVT BIG Homework Helper Video
- Downloadable LSVT BIG Resources (treatment forms, marketing resources, videos and more)
- Listing on the LSVT Global Certified Clinician Database for referrals
- Invitation to the exclusive LSVT BIG Clinician Facebook group
- Online support from LSVT BIG experts for clinical questions
- FREE monthly webinars on advanced LSVT BIG topics plus access to 40+ on-demand webinars

## How do I Become LSVT BIG Certified?

- Register for a Virtual Live LSVT BIG Training and Certification Course.
- Read and accept the LSVT Clinician Practice Agreement, sent via email link upon registration.
- Complete the entire Virtual Live LSVT BIG Training and Certification Course.
- Complete Certification Exam with an 85% score required to pass. The exam will be administered online after all learning modules have been completed. If a participant does not pass the examination, there will be an opportunity for participants to re-take the exam online, at no additional cost.

# How Much Does Training and Certification Cost?



## Please note:

- Student rates are only available for those actively enrolled in professional physical or occupational therapy programs. International student requirements may vary; contact [info@lsvtglobal.com](mailto:info@lsvtglobal.com).
- Group discounts are available for 5+ participants registering together, contact [info@lsvtglobal.com](mailto:info@lsvtglobal.com).

## Quotes From LSVT BIG Virtual Live Course Participants

***"I truly enjoyed this course. I felt including actual patients with PD, really helped to establish and refine the skills I learned. I would recommend this course to any clinician."***  
- Virtual Live LSVT BIG Participant

***"I was extremely impressed by how well structured and intense the training was, and how well designed it was for a virtual course. I was especially impressed with use of the small group breakout sessions and the volunteer participation."***  
- Virtual Live LSVT BIG Participant

***"Wonderfully composed by LSVT faculty. The online learning went smoothly and the layout of the course was one of the best I have been a part of. I enjoyed the practice sessions and group sessions that incorporated volunteers with Parkinson's disease the most."***  
- Virtual Live LSVT BIG Participant



# Continuing Education

The Virtual Live LSVT BIG Training and Certification Course qualifies for a minimum of 13.25 continuing education hours (1.325 CEUs) for PTs, PTAs, OTs and OTAs. This course content is not intended for use by any participants outside the scope of their license or regulation. The live and online formats of this course have been pre-approved by multiple state APTA chapters, PT associations or boards. The Virtual Live course format has been submitted for approval in states where pre-approval is required. Please contact your state physiotherapy therapy board or [info@lsvtglobal.com](mailto:info@lsvtglobal.com) with any questions or visit [www.lsvtglobal.com](http://www.lsvtglobal.com) and view the [Continuing Education Approvals quick link](#) at the bottom of the page.

LSVT Global, Inc. is an AOTA Approved Provider of continuing education for live, online and blended/hybrid learning formats. This course is offered for 1.325 AOTA CEUs (Intermediate level; Domain of OT, Service Delivery). The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.



## Learning Outcomes

**Upon conclusion of this course, participants (Physical and Occupational Therapy Professionals and Students) will be able to:**

- Describe three paradigm shifts unique to LSVT BIG treatment.
- Provide rationale for using a single target of amplitude when working with patients with Parkinson's disease.
- Correctly identify at least three key principles used in LSVT BIG that drive activity dependent neuroplasticity.
- Discuss efficacy findings that support use of LSVT BIG for persons with Parkinson's disease.
- Provide the rationale for each of the Maximal Daily Exercises.
- Describe the correct performance techniques of the LSVT Maximal Daily Exercises.
- Given patient scenarios of patients with Parkinson's disease with various levels of function, describe how to adapt or progress LSVT BIG treatment.
- Correctly list 5/5 teaching techniques unique to LSVT protocols.
- Differentiate between Functional Component Tasks, Hierarchy Tasks, and Carryover tasks.
- Identify the purposes of Functional Component Tasks, Hierarchy Tasks, and Carryover Tasks.
- Provide an example of calibration in LSVT BIG.
- Synthesize data from patient interview, examination, stimulability tests and results of standardized tests to determine if the patient will benefit from LSVT BIG treatment.



# Virtual Live LSVT BIG Course Agenda

*Participation at the entire course is MANDATORY.*

Click [HERE](#) to easily convert the below times into your time zone!

## Course Opens – April 12<sup>th</sup>, 2021

Sign clinician practice agreement (emailed to each registrant)

### 1. Pre-recorded/asynchronous (3 hours)

#### Learners must complete before May 6<sup>th</sup>:

- **Pre-knowledge assessment** (non-timed)
- **Module 1:** Introduction (15 minutes)
- **Module 2:** Background on LSVT and Paradigm Shifts (54 minutes)
- **Module 3:** Overview of Parkinson disease (32 minutes)
- **Module 4:** Video demo of LSVT BIG treatment (46 minutes)
- **Module 5:** LSVT Data (33 minutes)
- **Knowledge review questions modules 1-5**

### 2. Virtual Live Day 1 with Zoom

#### May 7<sup>th</sup>; 12 p.m. to 5:00 p.m. Eastern Time (US)

- **Module 6:** Intro to LSVT BIG Methods, Maximal Daily Exercises (Adaptations and Progressions of Exercises (90 minutes)
- **Break:** 10 Minutes
- **Module 7:** Interactive exercise practice session (75 minutes)
- **Break:** 10 minutes
- **Module 8:** Functional Component Tasks, Hierarchy Tasks and Interactive Practice (115 minutes)
- **OPTIONAL: Supplemental Group Exercise Practice Session 5:00 – 5:30 PM**
- **Knowledge review questions modules 6-8**

### 3. Virtual Live Day 2 with Zoom

#### May 8<sup>th</sup>; 12 p.m. to 5:00 p.m. Eastern Time (US)

- **Module 9:** BIG walking, Freezing, Teaching Techniques, Summary (75 minutes)
- **Break:** 10 minutes
- **Module 10:** Calibration (45 minutes)
- **Module 11:** Follow-up Recommendations, Quantification, Interdisciplinary Care and Preparation for Interactive Practice (70 minutes)
- **Break:** 10 minutes
- **Module 12:** Interactive practice session with PD volunteers (90 minutes)
- **Optional question and answer session (30 minutes - 5:00 - 5:30pm)**
- **Knowledge review questions modules 9-12**

### 4. Pre-recorded/asynchronous (1 hour)

#### Learners must complete from May 8<sup>th</sup> - May 23<sup>rd</sup>

- **Module 13:** Clinical Implementation (40 minutes)
- **Final Exam** (20 minutes)
- **Final Survey and Certification Form**

**\*All elements of the course must be completed no later than May 23, 2021.**

# LSVT BIG Course Faculty

*A team of two to three faculty will present each course. The LSVT BIG faculty collectively have over 200 years of experience as physical or occupational therapists and trained over 25,000 physical and occupational therapists globally.*

## **Patricia S Brown PT, DPT, NCS**

Dr. Brown has been a board-certified PT Clinical Specialist in Neurology since 1999 and LSVT BIG Certified since 2009. She is a graduate of the Parkinson Foundation's Allied Team Training (ATTP) program. She is a highly experienced physical therapist and is now a Clinical Assistant Professor in the PT Program at Chapman University in California. She is also an instructor and steering committee member at a local non-profit gym for persons with Parkinson disease (PD).

## **Heather Cianci, PT, MS, GCS**

Ms. Cianci received her PT Clinical Specialist Certification in Geriatrics in 1999 and her LSVT BIG Certification in 2007. She is the Geriatric Team Leader at the Dan Aaron Parkinson's Rehab Center in Philadelphia. She is a 2004 graduate of ATTP and joined as ATTP faculty in 2017. Ms. Cianci has written and lectured for several national PD organizations, on-line CEU providers, and PT programs at Philadelphia area universities. She is also a former board member for CurePSP.

## **Cynthia Fox Ph.D., CCC-SLP**

Dr. Fox is an expert on rehabilitation and neuroplasticity and the role of exercise in the improvement of function consequent to neural injury and disease. She is a world leader in administration of LSVT LOUD speech treatment and conducted much of the efficacy research in PD and other disorders, in addition to pioneering application to pediatrics populations. Dr. Fox worked on the development of LSVT BIG and also serves as faculty for LSVT LOUD and LSVT BIG Training and Certification courses. She has numerous publications in these areas of research and has presented extensively nationally and internationally. Dr. Fox is a Co-Founder and CEO of LSVT Global, Inc. and a Research Associate at the National Center for Voice and Speech in Denver, CO.

## **Thomas Gangemi, PT, DPT, MBA**

Dr. Gangemi has vast experience in variety of settings, including two practices he founded: an outpatient clinic specializing in movement disorders and his current house calls group practice in Delaware, First State Rehab At Home. He has been LSVT BIG certified since 2009. Dr. Gangemi speaks locally on Parkinson's Disease and serves as a consultant to provider groups in areas of rehabilitation clinical program development.

## **Laura Gusé, BSPT, MPT**

Ms. Gusé has extensive experience treating people with neurodegenerative disorders in both outpatient and inpatient settings. She was certified in LSVT BIG in 2009. She now serves as the Chief Clinical Officer of LSVT BIG. In that role Ms. Guse' oversees the training, curriculum and product development related to LSVT BIG, and has helped to create many of the current LSVT BIG treatment tools, webinars, and courses. She has spoken at many national and international conferences on topics related to LSVT BIG.

## **Tamara Hefferon PT, DPT, CSCS, OCS**

Dr. Hefferon has been certified in LSVT BIG since 2009 and received her Orthopedic Clinical Specialist Certification in 2017. She is an Assistant Professor and Orthopedic Specialist at Franklin Pierce University. She also co-owns a cash-based practice called Impact Physical Therapy in Phoenix. She has a passion for treating persons with Parkinson disease with emphasis on early onset and young onset patients.

### **Bernadette Kosir OTR/L, CAPS**

Ms. Kosir has over 30 years of OT experience, specializing in home health clinical leadership, quality process development, and innovative clinical education. Ms. Kosir has been LSVT BIG Certified since 2008. She is a certified trainer in Integrated Care Management for coordinated care of patients with chronic diseases including Parkinson disease, and is an NAHB Certified Aging in Place Specialist. As Senior Therapy Director at a large home health organization, she managed over 150 LSVT BIG and LSVT LOUD certified field clinicians and participated in community outreach efforts, particularly those addressing continuum of care needs for persons with Parkinson's disease.

### **Kathleen Salik PT, DPT, NCS, MSCS, CCCE**

Dr. Salik is a board-certified PT Clinical Specialist in Neurology and is also a Multiple Sclerosis Certified Specialist. Ms. Salik has advanced training in Vestibular Rehabilitation and has been LSVT BIG certified since 2010. Her clinical experience has focused on neurological rehabilitation for adults with PD, MS, stroke and vestibular impairments. She is the Clinical Coordinator for Education for Banner Thunderbird Outpatient Rehabilitation Services in Glendale, AZ.

### **Jennifer Tuccitto, MPT, GCS**

Ms. Tuccitto has been certified in LSVT BIG since 2009. She has extensive experience treating a wide variety of clients with neurological diagnoses at Courage Kenny Rehabilitation Institute/Allina in Minnesota. She has assisted with the development of many LSVT BIG treatment tools including the LSVT BIG Homework Helper videos, BIG for LIFE training and webinars and serves as an LSVT BIG Clinical Expert. She has speaking at local and national conferences and is actively involved with local PD support groups.

### **Erica Vitek MOT, OTR, BCB-PMD, PRPC**

Ms. Vitek has been certified in LSVT BIG since 2009 and is a graduate of ATTP. She is Board Certified in Biofeedback for Pelvic Muscle Dysfunction and is a Certified Pelvic Rehabilitation Practitioner, allowing her to address bladder, bowel and sexual dysfunction in her patients with PD. Ms. Vitek is faculty with Herman & Wallace Pelvic Rehabilitation Institute. She regularly presents and authors articles for the Wisconsin Parkinson Association. She is employed by Aurora Sinai Medical Center in Milwaukee, WI, where she is the LSVT program lead and runs LSVT BIG and LSVT LOUD skills classes for LSVT graduates.

### **Julia Wood, MOT, OTR/L**

Ms. Wood was certified in LSVT BIG in 2013, is an ATTP graduate and faculty and is a certified facilitator for PD SELF. She also serves as an ambassador for the Davis Phinney Foundation. Ms. Wood specializes in treating people with movement disorders at the Dan Aaron Parkinson's Rehabilitation Center in Philadelphia. She also serves in interdisciplinary clinics for patients with atypical Parkinsonism, Huntington's disease, ALS and those considering Deep Brain Stimulation.

# LSVT BIG Trademarks and Certification

The LSVT® trademark and other logos appearing within the LSVT Global website and on its literature are registered and unregistered trademarks of LSVT Global, Inc. Only individuals directly certified by LSVT Global, Inc. and who have attended an LSVT BIG Training and Certification Course with specific training in the LSVT BIG modalities of treatment for individuals with movement disorders related to Parkinson's disease and other neurological disorders or conditions are entitled to use the LSVT trademarks. An individual who has attended a Course and has received a certificate of LSVT BIG training will be able to use the LSVT trademark to refer to themselves as an "LSVT BIG trained clinician", so long as they retain active clinician status. Any non-sanctioned use is strictly prohibited.

## LSVT BIG Certified Clinicians will be able to:

- Use the LSVT trademark to indicate they are an LSVT trained and certified clinician
- Use the efficacy data of LSVT BIG to market and support reimbursement of the LSVT BIG program
- Enroll in the database of LSVT trained clinicians for patient and physician referrals
- Attend future LSVT BIG Training and Certification Courses for reduced fees

## LSVT Certification Renewal

LSVT Certification requires renewal every two years to maintain active clinician status.

### The process of the LSVT Certification renewal involves the following steps:

- Complete the Online LSVT renewal course (1-2 hours) for a fee of \$50
- Provide updated contact information for patient referrals

**Note:** Reattending a live or online LSVT Training and Certification Course is another option for renewal for clinicians seeking a more in-depth update (\$200 for entire course)

## LSVT BIG Faculty Disclosure

All of the LSVT Global faculty have both financial and non-financial relationships with LSVT Global, Inc. Non-financial relationships include a preference for the LSVT BIG as a treatment technique, which will be discussed as a part of this course. The purpose of this course is solely to educate attendees on the topic and not promote the business/product in any way.

- Dr. Fox receives lecture honorarium and travel reimbursement from, and has ownership interest in LSVT Global, Inc.
- Ms. Gusè, Ms. Tuccitto and Dr. Gangemi are employees of, receive lecture honorarium and travel reimbursement from LSVT Global, Inc.
- All LSVT BIG Faculty receive consulting fees, lecture honorarium and travel reimbursement from LSVT Global, Inc.



# LSVT BIG® Registration Form: Virtual Live Course

Friday, May 7, 2021 - Saturday, May 8, 2021

## Registration Fees

### Professional Pricing (For PT, PTA, OT and COTA participants)

\$580 LSVT BIG Professional Rate

### Student Pricing (For students actively enrolled in a professional PT, PTA, OT or OTA degree program.)

*Please note: student registrations may be limited*

\$300 LSVT BIG Student Rate

### Previously Certified Clinician Pricing (Counts toward Certification Renewal)

\$200 LSVT BIG Previously Certified Rate

## Group Discounts

\$50/Professional or \$25 per student will be discounted when 5 or more participants when registration brochures are submitted together. Group registrations can only be processed manually and **NOT** through online registration. Email [info@lsvtglobal.com](mailto:info@lsvtglobal.com) for more information and to register.

**Promo Code** (if applicable): \_\_\_\_\_

**TOTAL ENCLOSED:** \_\_\_\_\_

## Attendee Information (Required)

***The information, as it appears below, will be used for your user account within our Learning Management System. Please verify all of the information is correct and make any necessary edits.***

First Name: \_\_\_\_\_ MI: \_\_\_\_\_ Last Name: \_\_\_\_\_

Email: \_\_\_\_\_

Physical Therapist

PTA

Occupational Therapist

COTA

PT/PTA Student

OT/OTA Student

***NOTE: LSVT BIG provided by LSVT BIG Certified PTAs or COTAs must be delivered under the direction of LSVT BIG Certified PTs or OTs, respectively.***

### Shipping Information:

Shipping Name: \_\_\_\_\_

Shipping Dept.: \_\_\_\_\_

Shipping Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip/Postal Code: \_\_\_\_\_

Country: \_\_\_\_\_ Phone: \_\_\_\_\_

# LSVT BIG® Registration Form: Virtual Live Course

Friday, May 7, 2021 - Saturday, May 8, 2021

## Method of Payment and Billing Information

### Select a payment option:

Check (make payable to LSVT Global)       Credit Card

Card #: \_\_\_\_\_ Expiration date: \_\_\_\_\_

Cardholder name: \_\_\_\_\_ Security code: \_\_\_\_\_

***This information is required. If paying by credit card, please use billing address associated with card.***

First Name: \_\_\_\_\_ MI: \_\_\_\_\_ Last Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip/Postal Code: \_\_\_\_\_ Country: \_\_\_\_\_

Country Mail Code: \_\_\_\_\_ Phone #: \_\_\_\_\_

Please list any special needs, accommodations, or requests you may have:

## Policies and Fees

**Participant Attendance Policy:** Individual participation at the entire virtual live course is **MANDATORY**. Certification and CEU credit will not be awarded unless all portions of the training are fully completed and participants will not be eligible for a refund of any costs incurred.

**Participant Cancellation Policies:** Courses purchased in error (for example the incorrect course or quantity) will be fully refunded as soon as LSVT Global, Inc. has been notified and as long as the notification occurs prior to shipping the related course materials. Online and Virtual Live courses are NOT refundable once the course has been accessed. If a purchaser wishes to cancel the course order after the related course materials are shipped, he/she must notify LSVT Global immediately. The course materials must be returned within 30 days before any refund is processed. A full refund of the course fee minus a \$50 cancellation fee will be processed as long as the materials have not been used and are in their original condition. Return shipping of course materials will be at the purchaser's expense. LSVT Global, Inc. will not be liable for any claims of non-receipt of materials or products returned to LSVT Global, Inc. In order to obtain a refund or exchange, the purchaser must provide a correct e-mail address, mailing address, phone and credit card information.

**LSVT Global Cancellation Policy:** LSVT Global reserves the right to cancel a Virtual Live LSVT BIG Training and Certification Course in the rare case of inadequate attendance or for other reasons, but will inform all registered participants via email, mail, or phone as soon as the cancellation is confirmed.

LSVT Global will refund any registered participants their full registration fee or offer them alternative Virtual Live course dates if available or transfer to the Online LSVT BIG Training and Certification course.

## Submitting Your Registration Form

### MAIL:

LSVT Global  
4720 N. Oracle Rd., Suite 100  
Tucson, AZ 85705

**ONLINE:** [www.lsvtglobal.com](http://www.lsvtglobal.com)

**FAX:** (520) 867-8839

**EMAIL:** [info@lsvtglobal.com](mailto:info@lsvtglobal.com)